

HEALTH SCRUTINY PANEL

12 NOVEMBER 2009

**EMOTIONAL WELLBEING & MENTAL HEALTH OF CHILDREN &
YOUNG PEOPLE IN MIDDLESBROUGH – AN UPDATE**

PURPOSE OF THE REPORT

1. To introduce representation from Children's Services, in attendance at today's meeting to provide an update on Emotional Wellbeing & Mental Health services for Children & Young People.

RECOMMENDATIONS

2. That the Panel notes the information presented.
3. That the Panel asks any questions felt pertinent and considers whether to pursue the matter further, or to receive a further update at an appropriate juncture.

CONSIDERATION OF REPORT

4. The Panel will recall that in 2008/9, it completed a detailed review into Emotional Wellbeing & Mental Health in Middlesbrough, with a chapter dedicated to the wellbeing and mental health of children and young people. A copy of the Executive Summary of that Final Report is attached at Appendix 2.
5. As part of that exercise, the Panel expressed an interest in hearing about the progress of work to develop mental health services for children & young people. It has now been six months since the Executive considered the Panel's Final Report and now was felt a good time to receive an update on progress.
6. Representatives of local children & young people's mental health services have provided a briefing paper outlining progress, which will be the basis of debate at the Panel meeting, which is at Appendix 1. The services have been asked to provide a generic update to the Panel on the topic of emotional

wellbeing and mental health for children and young people. In addition and in line with the Panel's interest, they have been specifically asked to cover the following themes:

- 6.1 The progress of completing a contemporary & detailed needs analysis of the Mental Health need of children and young people in Middlesbrough.
- 6.2 Progress in the commissioning of services aimed at addressing the needs outlined by such a needs analysis.
7. It is anticipated that initially the service representatives will speak to the briefing paper at Appendix 1, in advance of facing questions from the Panel. Following a debate on the matter, the Panel is asked to consider whether it would like to pursue the matter through other enquires or receive a further update on progress at an appropriate juncture.

BACKGROUND PAPERS

Appendix 1 – *The Mental Health of Children & Young People in Middlesbrough*, Report of Deputy Director of Safeguarding

Appendix 2 – Health Scrutiny Panel Final Report: *Emotional Wellbeing & Mental Health* Jan 2009, Executive Summary

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